√ Temperature √ Pulse ✓ Mental Health

The 3rd Annual Respirations HELMS Foundation Fundraiser V Blood Pressure C ALCE To Grand Pressure Respirations **Rvan Giambattista**

SAVE THE DATE

MENTAL HEALTH IS VITAL

Saturday, February 27, 2021 • 6-10pm Mahoning County Campus of Care • 4891 E. County Line Rd • Mineral Ridge, Ohio 44440

Join us for an evening of artwork, food, music, and more as we fundraise to support, promote and provide all mediums and equipment needed for the current and future Art Therapists and their programs brought on by the Mahoning County Mental Health and Recovery Board Providers.

TICKETS are \$45.00 early sales or \$50.00 at the door

- Art Contest to be held in collaboration with Alta Care Group to break through the barriers that inhibit help seeking and promote the importance of mental wellness and health as a vital sign.
- Heavy Appetizers provided by Christopher's Catering and Avalon Pizza
- Music
- Silent Art Auction
- Basket Raffle
- Door Prize Entry with every ticket





For more information, tickets, sponsorship or donations and updates, visit us at www.HELMSmv.org or email HELMSmv2018@gmail.com

Fundraiser and art contest may have to be held virtually according to the CDC guidelines come February 2021